

October

Safety Topic:

CHANGING BEHAVIORS TO IMPACT SAFETY

When team members have an awareness of safety and practice good habits the number of injuries and accidents goes down. Below are safety habits to **avoid**:

- Complacency- not paying attention to what you're doing because you've done it for many years
- Emotions- becoming angry or upset because of something that happened at work or in your personal life
- Fatigue- not getting enough sleep to do the job properly
- Risk taking- ignoring what you have learned in safety training sessions, or disregarding hazard signs and warnings

Instead of adapting poor safety habits try the following:

- **Pay attention to your safety training and practice the safe techniques**
- Follow the safety policies and programs in place
- Think about the possible risks before starting a job and try to eliminate the risk
- Use the right tool or equipment for the job
- Don't use damaged equipment
- Ensure proper housekeeping and eliminate trip hazards
- Understand and follow safety labeling such as SDS GHS symbols
- Use caution around electricity



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NOTES:

Hundreds of thousands of workers are injured on the job each year and more than 11,000 of these workers die from accidents in the workplace. So, think about the problems that workplace accidents cause.

- Lost work time-keeping you away from the job and cost you money
- Lost productivity time- time that could be spent building a successful organization
- Lower morale- no one enjoys going to work in a hazardous environment
- Injuries-permanent injuries that can last a lifetime

The best way to prevent accidents and injuries is to develop and maintain a constant awareness of safety. **The bottom line is safety is up to each and every team member.**

